

2026 EPIC Women's Blizzard Blast

Session Summary

Jan 30 - Feb 1, 2026

Page: 1
Printed: 1/7/2026 6:30 PM

Friday, January 30, 2026

Level 3 & XB

Session: 01
Gymnasts 98

Open Stretch 9:00 AM
March In 9:20 AM

Warm Up 1st 9:30 AM
Awards 12:30 PM

Gym	Level	# Gymnasts
BOUNCE	XB	16
EPIC	3	10
EPIC	XB	6
Flipspot Gymnastics	3	6
GRG	3	20
L.A. Gymnastics	XB	9
MaximumGym	3	5
MMG	3	16
Showtime	3	5
Showtime	XB	2
Sterling Gymnastics	3	3

Friday, January 30, 2026

XS

Session: 02
Gymnasts 96

Open Stretch 1:00 PM
March In 1:20 PM

Warm Up 1st 1:30 PM
Awards 4:30 PM

Gym	Level	# Gymnasts
AAGC	XS	21
BOUNCE	XS	10
Cutting Edge	XS	14
EPIC	XS	9
Flipspot Gymnastics	XS	4
GRG	XS	21
L.A. Gymnastics	XS	2
MMG	XS	9
Sterling Gymnastics	XS	6

Friday, January 30, 2026

Level 6-10 XP-XSa

Session: 03
Gymnasts 64

Open Stretch 5:00 PM
March In 5:20 PM

Warm Up 1st 5:30 PM
Awards 9:00 PM

Gym	Level	# Gymnasts
AAGC	XP	5
BOUNCE	XP	3
Cutting Edge	XD	2
Cutting Edge	XP	3
Empowered Athletics	XD	3
Empowered Athletics	XP	7
EPIC	6	4
EPIC	8	3
EPIC	XP	4
Flipspot Gymnastics	6	5
Flipspot Gymnastics	7	5
Flipspot Gymnastics	8	6
Flipspot Gymnastics	9	2
MMG	XD	4
MMG	XP	5
Sterling Gymnastics	6	3

2026 EPIC Women's Blizzard Blast

Session Summary

Jan 30 - Feb 1, 2026

Page: 2
Printed: 1/7/2026 6:30 PM

Saturday, January 31, 2026
Level 4 Level 5

Session: 04
Gymnasts 47

Open Stretch 9:00 AM
March In 9:20 AM

Warm Up 1st 9:30 AM
Awards 12:00 PM

Gym	Level	# Gymnasts
EPIC	4	4
GRG	4	9
MaximumGym	4	4
MMG	4	12
MMG	5	12
Showtime	4	1
Sterling Gymnastics	4	5

Saturday, January 31, 2026
XG

Session: 05
Gymnasts 87

Open Stretch 12:30 PM
March In 12:50 PM

Warm Up 1st 1:00 PM
Awards 4:30 PM

Gym	Level	# Gymnasts
AAGC	XG	12
BOUNCE	XG	13
Cutting Edge	XG	10
Empowered Athletics	XG	17
EPIC	XG	9
GRG	XG	9
MMG	XG	7
Sterling Gymnastics	XG	10

Saturday, January 31, 2026
FUN (L1 L2 L3 XB)

Session: 06
Gymnasts 98

Open Stretch 5:00 PM
March In 5:20 PM

Warm Up 1st 5:30 PM
Awards 7:30 PM

Gym	Level	# Gymnasts
BOUNCE	2	16
CC Flips	1	6
CC Flips	2	9
DSG	1	1
DSG	XB	5
EPIC	1	9
EPIC	2	11
GRG	2	13
MMG	2	10
Showtime	1	5
Showtime	2	9
Sterling Gymnastics	1	4